



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Sauerbrei, Dieter

Club: sc impuls erfurt

Number: 2250

Course: 10.00 km

City-Lauf

Category:

Männer M70

Total time: 54:33

Speed: 11.00 km/h

Running performance: 5:28 min/km

Rank in course/Total: 237 (of 253)

Rank in course/Men: 189 (of 196)

Best time in course: 27:34

Rank in category: 4(of 5)

Best time in the category: 36:27