



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Zscharnt, Ina

Club: DAV Inselberg
Number: 205

Course: 10.00 km
City-Lauf

Category:
Frauen W40

Total time: 1:09:29

Speed: 8.64 km/h
Running performance: 6:57 min/km

Rank in course/Total: 252 (of 253)

Rank in course/Women: 56 (of 57)

Best time in course: 30:13

Rank in category: 11(of 12)

Best time in the category: 36:29