



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Bischoff, Monika

Club: VfL 28 Ellrich

Number: 2172

Course: 10.00 km

City-Lauf

Category:

Frauen W40

Total time: 1:09:46

Speed: 8.60 km/h

Running performance: 6:59 min/km

Rank in course/Total: 253 (of 253)

Rank in course/Women: 57 (of 57)

Best time in course: 30:13

Rank in category: 12(of 12)

Best time in the category: 36:29