



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

All Himkah, Alysea

Club: RS Myconius  
Number: 1772

Course: 2.30 km  
Schülerlauf lang

Category:  
weiblich, AK 15

Total time: 16:24

Speed: 7.32 km/h  
Running performance: 7:08 min/km

Rank in course/Total: 286 (of 337)

Rank in course/Women: 132 (of 175)

Best time in course: 9:11

Rank in category: 17(of 18)

Best time in the category: 10:07