



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

## Detailed evaluation

**Steinacker, Lorenz**

Club: Arnoldschule

Number: 896

Course: 2.30 km

Schülerlauf lang

Category:

männlich, AK 13

Total time: 10:05

Speed: 11.90 km/h

Running performance: 4:23 min/km

Rank in course/Total: 40 (of 337)

Rank in course/Men: 35 (of 162)

Best time in course: 9:02

Rank in category: 7(of 33)

Best time in the category: 9:25