



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Steinacker, Lorenz

Club: Arnoldschule
Number: 896

Course: 2.30 km
Schülerlauf lang

Category:
männlich, AK 13

Total time: 10:05

Speed: 11.90 km/h
Running performance: 4:23 min/km

Rank in course/Total: 40 (of 337)

Rank in course/Men: 35 (of 162)

Best time in course: 9:02

Rank in category: 7(of 33)

Best time in the category: 9:25