



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Forot, Viktor**

Club: RS Myconius  
Number: 1775

Course: 2.30 km  
Schülerlauf lang

Category:  
männlich, AK 13

Total time: 10:19

Speed: 11.63 km/h  
Running performance: 4:29 min/km

Rank in course/Total: 56 (of 337)

Rank in course/Men: 50 (of 162)

Best time in course: 9:02

Rank in category: 9(of 33)

Best time in the category: 9:25