



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

## Detailed evaluation

Höft, Pascal

Club: Lucas Cranach Schule

Number: 1667

Course: 2.30 km

Schülerlauf lang

Category:

männlich, AK 12

Total time: 10:49

Speed: 12.76 km/h

Running performance: 4:42 min/km

Rank in course/Total: 82 (of 337)

Rank in course/Men: 70 (of 162)

Best time in course: 9:02

Rank in category: 10(of 46)

Best time in the category: 9:19