



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Jonas, Maria**

Club: Arnoldschule  
Number: 923

Course: 2.30 km  
Schülerlauf lang

Category:  
weiblich, AK 12

Total time: 11:53

Speed: 10.10 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 121 (of 337)

Rank in course/Women: 31 (of 175)

Best time in course: 9:11

Rank in category: 8(of 55)

Best time in the category: 10:43