



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Ruszkiewicz, Lisa

Club: RS Oststadtschule

Number: 1835

Course: 2.30 km

Schülerlauf lang

Category:

weiblich, AK 13

Total time: 12:58

Speed: 10.64 km/h

Running performance: 5:38 min/km

Rank in course/Total: 176 (of 337)

Rank in course/Women: 59 (of 175)

Best time in course: 9:11

Rank in category: 13(of 29)

Best time in the category: 9:53