



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Poch, Lisa

Club: RS Oststadtschule
Number: 1857

Course: 2.30 km
Schülerlauf lang

Category:
weiblich, AK 12

Total time: 17:03

Speed: 7.04 km/h
Running performance: 7:25 min/km

Rank in course/Total: 308 (of 337)
Rank in course/Women: 148 (of 175)
Best time in course: 9:11

Rank in category: 52(of 55)
Best time in the category: 10:43