



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Steinborn, Tom

Club: GS Goldbach
Number: 1186

Course: 1.20 km
Schülerlauf mittel

Category:
männlich, AK 11

Total time: 4:55

Speed: 12.20 km/h
Running performance: 4:06 min/km

Rank in course/Total: 110 (of 312)

Rank in course/Men: 89 (of 150)

Best time in course: 3:35

Rank in category: 28(of 74)

Best time in the category: 4:11