



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Hempel, Arthur

Club: GS P.A.Hansen

Number: 1415

Course: 1.20 km

Schülerlauf mittel

Category:

männlich, AK 11

Total time: 5:03

Speed: 11.88 km/h

Running performance: 4:13 min/km

Rank in course/Total: 124 (of 312)

Rank in course/Men: 99 (of 150)

Best time in course: 3:35

Rank in category: 32(of 74)

Best time in the category: 4:11