



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**John, Florian**

Club: GS Geschw.Scholl Dachwig  
Number: 1130

Course: 1.20 km  
Schülerlauf mittel

Category:  
männlich, AK 11

Total time: 5:05

Speed: 14.16 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 129 (of 312)

Rank in course/Men: 103 (of 150)

Best time in course: 3:35

Rank in category: 36(of 74)

Best time in the category: 4:11