



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Grimm, Sandro

Club: SRS Conrad Ekhof

Number: 2056

Course: 1.20 km

Schülerlauf mittel

Category:

männlich, AK 11

Total time: 5:12

Speed: 11.54 km/h

Running performance: 4:20 min/km

Rank in course/Total: 149 (of 312)

Rank in course/Men: 110 (of 150)

Best time in course: 3:35

Rank in category: 40(of 74)

Best time in the category: 4:11