



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Werner, Erik

Club: KGS Herzog Ernst Gotha

Number: 1628

Course: 1.20 km

Schülerlauf mittel

Category:

männlich, AK 11

Total time: 5:16

Speed: 11.39 km/h

Running performance: 4:23 min/km

Rank in course/Total: 163 (of 312)

Rank in course/Men: 114 (of 150)

Best time in course: 3:35

Rank in category: 42(of 74)

Best time in the category: 4:11