



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Göring, Steffen

Club: GS P.A.Hansen
Number: 1417

Course: 1.20 km
Schülerlauf mittel

Category:
männlich, AK 11

Total time: 5:25

Speed: 11.08 km/h
Running performance: 4:31 min/km

Rank in course/Total: 192 (of 312)

Rank in course/Men: 123 (of 150)

Best time in course: 3:35

Rank in category: 49(of 74)

Best time in the category: 4:11