



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Vu Tran Nghiem, Duc

Club: GS P.A.Hansen

Number: 1413

Course: 1.20 km

Schülerlauf mittel

Category:

männlich, AK 11

Total time: 5:33

Speed: 10.81 km/h

Running performance: 4:37 min/km

Rank in course/Total: 221 (of 312)

Rank in course/Men: 130 (of 150)

Best time in course: 3:35

Rank in category: 54(of 74)

Best time in the category: 4:11