



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

## Detailed evaluation

Zika, David

Club: Gymnasium Ernestinum

Number: 1582

Course: 1.20 km

Schülerlauf mittel

Category:

männlich, AK 11

Total time: 6:19

Speed: 9.50 km/h

Running performance: 5:16 min/km

Rank in course/Total: 280 (of 312)

Rank in course/Men: 145 (of 150)

Best time in course: 3:35

Rank in category: 69(of 74)

Best time in the category: 4:11