



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Werner, Lydia

Club: GS Sonneborn
Number: 1495

Course: 1.20 km
Schülerlauf mittel

Category:
weiblich, AK 11

Total time: 5:19

Speed: 11.29 km/h

Running performance: 4:26 min/km

Rank in course/Total: 172 (of 312)

Rank in course/Women: 56 (of 162)

Best time in course: 4:20

Rank in category: 30(of 80)

Best time in the category: 4:20