



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Holzhäuser, Lisa

Club: RS Oststadtschule  
Number: 1873

Course: 1.20 km  
Schülerlauf mittel

Category:  
weiblich, AK 11

Total time: 5:36

Speed: 12.86 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 229 (of 312)

Rank in course/Women: 99 (of 162)

Best time in course: 4:20

Rank in category: 54(of 80)

Best time in the category: 4:20