



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Göring, Sarah

Club: SGS Josias Friedrich Löffler

Number: 1888

Course: 1.20 km

Schülerlauf mittel

Category:

weiblich, AK 11

Total time: 5:56

Speed: 10.11 km/h

Running performance: 4:56 min/km

Rank in course/Total: 251 (of 312)

Rank in course/Women: 115 (of 162)

Best time in course: 4:20

Rank in category: 60(of 80)

Best time in the category: 4:20