



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Seifert, Tizian

Club: GS Ludwig Bechstein

Number: 1305

Course: 1.20 km

Schülerlauf mittel

Category:

männlich, AK 10

Total time: 4:09

Speed: 17.35 km/h

Running performance: 3:28 min/km

Rank in course/Total: 25 (of 312)

Rank in course/Men: 25 (of 150)

Best time in course: 3:35

Rank in category: 25(of 76)

Best time in the category: 3:35