



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Heß, Konrad

Club: GS Ludwig Bechstein
Number: 1308

Course: 1.20 km
Schülerlauf mittel

Category:
männlich, AK 10

Total time: 4:13

Speed: 14.23 km/h
Running performance: 3:31 min/km

Rank in course/Total: 32 (of 312)

Rank in course/Men: 32 (of 150)

Best time in course: 3:35

Rank in category: 31(of 76)

Best time in the category: 3:35