



AOK Plus City-Lauf Gotha
Gotha / 10.05.2009

Detailed evaluation

Damm, Jonas

Club: GS P.A.Hansen
Number: 1424

Course: 1.20 km
Schülerlauf mittel

Category:
männlich, AK 10

Total time: 4:50

Speed: 12.41 km/h
Running performance: 4:02 min/km

Rank in course/Total: 102 (of 312)

Rank in course/Men: 83 (of 150)

Best time in course: 3:35

Rank in category: 59(of 76)

Best time in the category: 3:35