



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Kirsch, Luisa**

Club: GS Ludwig Bechstein  
Number: 1324

Course: 1.20 km  
Schülerlauf mittel

Category:  
weiblich, AK 10

Total time: 5:06

Speed: 11.76 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 132 (of 312)

Rank in course/Women: 28 (of 162)

Best time in course: 4:20

Rank in category: 9(of 82)

Best time in the category: 4:25