



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

Detailed evaluation

Käming, Isabella

Club: Gymnasium Ernestinum

Number: 1588

Course: 1.20 km

Schülerlauf mittel

Category:

weiblich, AK 10

Total time: 5:07

Speed: 11.73 km/h

Running performance: 4:16 min/km

Rank in course/Total: 135 (of 312)

Rank in course/Women: 30 (of 162)

Best time in course: 4:20

Rank in category: 11(of 82)

Best time in the category: 4:25