



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Schöler, Lisa

Club: GS Goldbach  
Number: 1204

Course: 1.20 km  
Schülerlauf mittel

Category:  
weiblich, AK 10

Total time: 5:36

Speed: 12.86 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 230 (of 312)  
Rank in course/Women: 100 (of 162)  
Best time in course: 4:20

Rank in category: 46(of 82)  
Best time in the category: 4:25