



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

Schwaab, Isabell

Club: AKTIV-Schule Emleben  
Number: 709

Course: 1.20 km  
Schülerlauf mittel

Category:  
weiblich, AK 10

Total time: 6:00

Speed: 12.00 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 257 (of 312)

Rank in course/Women: 121 (of 162)

Best time in course: 4:20

Rank in category: 60(of 82)

Best time in the category: 4:25