



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Krämer, Nick**

Club: GS Ludwig Bechstein  
Number: 1384

Course: 0.80 km  
Schülerlauf kurz

Category:  
männlich, AK 8

Total time: 4:48

Speed: 10.00 km/h  
Running performance: 6:00 min/km

Rank in course/Total: 212 (of 448)

Rank in course/Men: 134 (of 217)

Best time in course: 3:38

Rank in category: 46(of 83)

Best time in the category: 3:52