



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Rödiger, Marcus**

Club: GS Sonneborn  
Number: 1510

Course: 0.80 km  
Schülerlauf kurz

Category:  
männlich, AK 8

Total time: 5:04

Speed: 9.47 km/h  
Running performance: 6:20 min/km

Rank in course/Total: 278 (of 448)

Rank in course/Men: 165 (of 217)

Best time in course: 3:38

Rank in category: 56(of 83)

Best time in the category: 3:52