



AOK Plus City-Lauf Gotha

Gotha / 10.05.2009

## Detailed evaluation

Gorf, Ernst

Club: RS Oststadtschule

Number: 1805

Course: 2.30 km

Schülerlauf lang

Category:

männliche Jugend B

Total time: 9:28

Speed: 12.68 km/h

Running performance: 4:07 min/km

Rank in course/Total: 13 (of 337)

Rank in course/Men: 12 (of 162)

Best time in course: 9:02

Rank in category: 6(of 39)

Best time in the category: 9:04