



AOK Plus City-Lauf Gotha  
Gotha / 10.05.2009

## Detailed evaluation

**Lämmerhirt, Naomi**

Club: SGS Josias Friedrich Löffler  
Number: 2003

Course: 0.80 km  
Schülerlauf kurz

Category:  
weiblich, AK 8

Total time: 4:36

Speed: 0.00 km/h  
Running performance: 5:45 min/km

Rank in course/Total: 157 (of 448)

Rank in course/Women: 56 (of 231)

Best time in course: 3:43

Rank in category: 13(of 85)

Best time in the category: 4:09