



LVM Marathon Niedersachsen
Clausthal-Zellerfeld / 17.05.2009

Detailed evaluation

Torben, Saßnick

Club: MTV Bad Bevensen
Number: 296

Course: 102.00 km
LVM Marathon Niedersachsen

Category:
Rennen 13, Männer Lizenz

Total time: 4:40:41

Speed: 21.80 km/h

Rank in course/Total: 5 (of 20)

Rank in course/Men: 5 (of 19)

Best time in course: 4:23:06

Rank in category: 3(of 11)

Best time in the category: 4:23:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenkontrolle	22.00	51:24	25.68	6	7:03	10	7:03	22.00	51:24	25.68	4		12	4:23
Rundenkontrolle	34.00	1:24:59	24.00	1	-	1	-	56.00	2:16:23	24.64	4		12	
Rundenkontrolle	34.00	1:35:37	21.34	2	6:24	4	6:24	90.00	3:52:00	23.28	3	9:40	5	9:40
Finish	12.00	48:41	14.79	4	7:55	8	7:55	102.00	4:40:41	21.80	6	2:33:30	9	2:33:30