



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Niehaus-Fischer, Ute

Club: TV Flerke

Number: 1117

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:19:58

Speed: 7.50 km/h

metres in height up: 135

Course score: 12.03

performance score: 90 Points