



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Ringel, Sabine

Club: Unna

Number: 1128

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:24:04

Speed: 7.14 km/h

metres in height up: 135

Course score: 12.03

performance score: 86 Points