



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Mahalingam, Indra

Club: TLV Rünthe

Number: 1094

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:25:32

Speed: 7.01 km/h

metres in height up: 135

Course score: 12.03

performance score: 84 Points