



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Früh, Georg

Club: Laufteam Gescher

Number: 1021

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:31:41

Speed: 6.54 km/h

metres in height up: 135

Course score: 12.03

performance score: 79 Points