



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

**Raffenberg, Michael**

Club: TV Gut-Heil 1865 e.V. DO-Aplerbe

Number: 23

Course: 15.00 km

15 km-Strecke Walking

Total time: 1:39:29

Speed: 9.05 km/h

metres in height up: 208

Course score: 18.12

performance score: 164 Points