



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Volkman, Jürgen

Club: LT Cappenberger See

Number: 15

Course: 15.00 km

15 km-Strecke Walking

Total time: 1:52:35

Speed: 7.99 km/h

metres in height up: 208

Course score: 18.12

performance score: 145 Points