



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Sulk, Elmar

Club: DJK Preußen 1911 Bochum e.V.

Number: 9

Course: 15.00 km

15 km-Strecke Walking

Total time: 1:53:45

Speed: 7.91 km/h

metres in height up: 208

Course score: 18.12

performance score: 143 Points