



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Kochskämper, Siegfried

Club: Beckum

Number: 35

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 1:50:56

Speed: 8.11 km/h

metres in height up: 208

Course score: 18.12

performance score: 147 Points