



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Hüsecken, Thomas

Club: VDNOWAS Hohenlimburg

Number: 165

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 1:54:57

Speed: 7.83 km/h

metres in height up: 208

Course score: 18.12

performance score: 142 Points