



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Czwikla, Karin

Club: TBS-Herne

Number: 142

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:00:51

Speed: 7.45 km/h

metres in height up: 208

Course score: 18.12

performance score: 135 Points