



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Schüngel, Monika

Club: WT-Soest

Number: 149

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:02:57

Speed: 7.32 km/h

metres in height up: 208

Course score: 18.12

performance score: 133 Points