



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Sell, Dr. Anette

Club: Escargots Bochum

Number: 158

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:06:12

Speed: 7.13 km/h

metres in height up: 208

Course score: 18.12

performance score: 129 Points