



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

Fahrenholt, Inge

Club: WT-Soest

Number: 147

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:07:42

Speed: 7.05 km/h

metres in height up: 208

Course score: 18.12

performance score: 128 Points