



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

Duhnke, Klaus

Club: DJK Preußen 1911 Bochum e.V.

Number: 40

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:17:54

Speed: 6.53 km/h

metres in height up: 208

Course score: 18.12

performance score: 118 Points