



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Diaz, Isabel

Club: Walking Treff Möhnesee

Number: 564

Course: 5.00 km

5 km-Strecke Nordic Walking

Total time: 43:41

Speed: 6.87 km/h

metres in height up: 72

Course score: 6.08

performance score: 42 Points