



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

**Abt, Michael**

Club: TBS-Herne

Number: 516

Course: 5.00 km

5 km-Strecke Nordic Walking

Total time: 43:44

Speed: 6.86 km/h

metres in height up: 72

Course score: 6.08

performance score: 42 Points