



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Lusataku, Njasi

Club: Walking Treff Möhnesee

Number: 1011

Course: 10.00 km

10 km-Strecke Walking

Total time: 1:08:10

Speed: 8.80 km/h

metres in height up: 135

Course score: 12.03

performance score: 106 Points